## **#IAEMstrongerstories**

#IAEMstrongerstories is a mental health initiative designed to provide members with a safe place to share stories about their lived experiences with their peers. During this session, IAEM members will share their stories of stress, trauma, and bravery. By telling your story, or by listening and supporting others, we can work on our mental health wellness, together.

1 hr.: Fri. 4/19, 2:00pm – 3:00pm